

Congregation of the Helpers of Mount Rosary



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Superior General

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Dear Mr. Franz Joseph Heurs, Mr. Alfonse and Anne, and Friends,

Warm greetings of peace and joy to you! I hope this message finds you well.

All is well on our end, and we're currently busy preparing for the Advent season. Recently, the HMR sisters and formees gathered for our Christmas Friend Choosing program—a tradition we hold each year to prepare our hearts for Christmas. We began with a prayer service, where we prayed, read from the Word of God, and offered special intentions for all who support us, including you. We were grateful to have Mr. Martin Thiele join us for this program

Additionally, we celebrated two significant birthdays: Sr. Eliamma's diamond birthday and Sr. Jacintha's golden birthday. Sr. Sharal, one of your sponsored children, led the ceremony, making it a joyous occasion that we shared with Mr. Martin. We remembered you in our prayers during these celebrations and truly appreciate your constant support.

Your support for St. Ann's Home is also deeply appreciated. The charitable residents of Mount Rosary are overjoyed to know they have a safe home, thanks to your kindness. Your donations and concern especially impact the destitute individuals who have no one to care for them. On their behalf, we thank you for this act of love and compassion.

We are also blessed to have the Samaritan Palliative and Geriatric Care Center, generously donated by the Basil Mendes family. This center, cared for by our HMR sisters, provides comfort and compassion to palliative and elderly patients, many of whom arrive in their final days. Our sisters, alongside a qualified nursing staff and dedicated helpers, care deeply for each patient and ensure they feel at home. Some patients, by God's grace, show improvement, while others find peace in their final days surrounded by love. We prioritize providing hygienic and healthy food for our residents, but maintaining the center is challenging as our resources only cover daily needs.

We also have hopes for enhancing the center with a garden and walking area, where residents can enjoy some light exercise and connect with nature. We are currently seeking donors to help bring this vision to life. We trust in God's guidance and the power of prayer, believing that He will send us the support we need for this mission.

We are incredibly grateful to have such devoted friends, benefactors, and supporters as you. Your generosity and sacrificial commitment to the Helpers of Mount Rosary, the Mount Rosary charitable institutions, and hospitals is truly inspiring. Words cannot fully express our gratitude for your tireless work and the tremendous difference it makes for the sisters, the hospital patients, and all those served by Mount Rosary. The work you do for us is beyond measure, and I am inspired by it daily, hoping to embody such dedication in my own life.

In this stage of life, you continue to serve with youthful energy and strength—what a blessing you are to us all! May God see the goodness of your work and grant you doubled strength and abundant blessings. We pray for you daily, asking God to give you a long, healthy, and fulfilled life, rewarded a hundredfold. May the intercession of Our Queen of the Holy Rosary surround you, and may the grace of the coming Christ Child be with you always.

With warmest regards, blessings, and continued prayers,



Sr. Suneetha Dsouza
SUPERIOR GENERAL

MERRY CHRISTMAS
AND
HAPPY NEW YEAR 2026